Relaxation session, executive function training, community living presentation, painting party, and skating party! Read about all of these and more in this issue of FUSE INK!

# **FUSE INK**



# Relax at the November Greenfield Parent Meeting

Would you like to spend two hours learning how to find better ways to manage the stresses of parenting? FUSE is excited to host Ilyse Hildebrand, a child and family therapist practicing in Indianapolis, at our



November meeting. She will be leading parents through an interactive session called An Evening to Unwind. Parents will learn and practice techniques to take moments to bring peace and serenity into their lives. Parents will need to bring a pillow and blanket or towel for the session.

November 2, 2015 6:30 - 8:30 pm Greenfield Intermediate School 204 W. Park, Greenfield Large Group Instruction Rm (enter from back parking lot)

Child Care is provided by RESERVATION ONLY. Click the registration link below and register your children for child care as part of your event registration.

#### Click here to register

### **Executive Function Skills**



# Explained at November Shelbyville Meeting

Does your child struggle with organization, time management, memory, planning, problem solving, or attention to detail? If so, don't miss our Shelby County parent meeting in November! We are pleased to host Vicki Mabanta, Occupational Therapist, and Tatia

Kortepeter, Speech Language Pathologist, from A Work In Progress. They will be addressing what executive functioning is, how these skills impact everyday life, and strategies for improving these skills.

Monday, November 9, 2015 Shelby County Public Library Carnegie East Wing Room B 57 W Broadway, Shelbyville 6:30 to 8:30 pm

Child Care is provided by RESERVATION ONLY. Click the registration link below and register your children for child care as part of your event registration.

#### Click here to register

# Community Living Options for Young Adults with Disabilities



Do you have a plan for community living for your

student after high school? Or is your young adult living still living at home with you, and you are wondering if they are going to live with you forever? The answer is-they don't have to! Attend this PITSTOP Transition Training where you will learn more about potential funding and services available to help your adult child establish a home outside of your own someday.

Speakers from the Bureau of Developmental Disabilities, Developmental Service Alternatives (DSA) and accessABILITY Independent Living Center will share information about funding, community living settings such as group homes, supported living (waiver homes), and Section 8 and 42 housing, and the supports and services available in these settings to help young adults with disabilities establish and maintain their own adult lives in the community.

Tuesday, November 17 Hancock County Public Library Community Room B 900 W McKenzie Greenfield 7-8:30 pm

#### Click this link to register

### **Painting Party Benefits FUSE**

Let's Paint 4 Fun and FUSE are pairing up to bring you a fundraising event like no other!!!

Join the BEST painting party in town Sunday November 15, at 2:00 p.m. for an afternoon of fun with your friends. Learn how to paint with step by step instructions and while listening to great music!



- With each reservation (\$40) booked, Lets Paint 4 Fun gives \$5 and up to another 40% to FUSE
- Wine, Beer, Sodas and snacks are available for purchase.
- Everything provided for you. (Aprons, paint, canvas and brushes)
- You will be painting Oceanview (pictured above)

### Event Location Lets Paint 4 Fun, 876 S. State Street, Greenfield, IN 46140

To register for this event please register at: www.letspaint4fun.com Click on Event Calendar and click on November 15 to register For more information contact Lets Paint 4 Fun christie@letspaint4fun.com or by phone 317-586-8289

**Registration link** 

## **Benefit Skate in Franklin for FUSE**

#### Skate the State is hosting a benefit skate for FUSE!

When: Monday Nov 23rd. Private Skate for FUSE from 5:30pm - 6:30pm (adaptive equipment allowed during this hour) Public Skate from 6:30pm - 9:00pm

Where: Franklin Skate Club 2680 N Morton St. Franklin IN (317) 738-3775

What: Open Skating, Performance by Women's National Figure Champion, Freestyle Skater and Jam Skate Team. Games, Contests, FUSE booth.



Why: All Entrance Fees go to benefit FUSE - Families United for Support and Encouragement.

Admission: All Tickets \$5.00 per person. Skate Rental \$2.00 Paid at the door. Presale Tickets \$4.00 available at FUSE office.

For additional information Facebook Skate the State and leave a message for Ann Cross.

Call FUSE at 317-462-9064 with any questions or to get tickets.

### Hancock County Special Olympics Looking for Volunteers

We are looking for you! Special Olympics Hancock County is looking for Volunteers. Special Olympics Hancock County is having an OPEN CALL for management positions, volunteer positions, coaches, and athletes/parents interested in volunteering for our local program.

Positions include: County Coordinator Public Relations Coordinator Coach (Basketball Skills, Golf, Track & Field) General Volunteers

For questions or additional information about the volunteer job responsibilities, please contact: Teresa Cook-ttcook@msn.com or (317)-502-3903

### **Ball State Studies for Autism**

Ball State University is conducting two studies that target teaching parents of children with ASD, evidence based strategies for working with their children. Click the link to learn more.

#### Study Flyer

In addition to these studies, Grace, a graduate student at Ball State, is doing research on parents of children with autism to get an idea of how they cope with the stress of raising a child, and how that relates to other areas of their lives. If you are a parent of a child with autism, have about 10-15 minutes, and are willing to take this survey it will really help out. Grace has a sister with autism, which is her motivation for doing this study. Grace shared in her email, "Hopefully as research like this adds up, it will lead to better support for parents of children with autism! Thank you so much for your help, and all you do for your child! "

If you are willing to participate, follow the link below: https://bsu.qualtrics.com/SE/?SID=SV\_3HOdewnIzWsfvcF

### **Upcoming Events Calendar**

- Nov 2 Greenfield Parent Meeting Greenfield Intermediate School 6:30-8:30 pm
- Nov 9 Shelbyville Parent Meeting Shelby County Public Library 6:30-8:30 pm
- Nov 11 McDonald's Night New Palestine 5-8 pm
- Nov 27 Uno's Greenwood Dough Raiser fundraiser (runs daily thru Dec 27, need flyer)

Dec 2 McDonald's Night New Palestine 5-8 pm Dec 7 Family Pitch In Greenfield Dec 14 Family Pitch In Shelbyville

Dec 12 Santa Event Greenfield 9:30-11:30 am

Denise Arland| FUSE Inc.| 317-462-9064| darland@fuseinc.org | www.fuseinc.org

STAY CONNECTED:

