



## BOSS Pre / Post Skills Assessment

Student Name: \_\_\_\_\_

Name of Rater: \_\_\_\_\_

Rater Role:                      Caregiver / parent \_\_\_\_\_                      Provider / Teacher \_\_\_\_\_

**Please rate all items on a scale from 1 to 10. 1 = Very poor 10 =Excellent**

### Verbal Communication:

1. How well does the student use general verbal communication skills. (Do they introduce themselves and have back and forth conversations?)  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well are they able to give and receive compliments?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

### Non-Verbal Communication:

1. How well does the student use general non-verbal communication skills. ( Can they maintain eye contact, respect personal space, manage appropriate voice volume?)  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student interpret body language and identify emotions in others?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

### Being Part of a Group:

1. How well does the student understand being a "team player"?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student understand the difference between other group members and "true friends"?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

### Expressing Feelings:

1. How well does the student identify and express feelings?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student show empathy towards others?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

## **Cares about Self and Others:**

1. How well does the student seek help when needed?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student demonstrate caring, kindness, and respect for others?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

## **Problem Solving:**

1. How well does the student consider alternatives when faced with a problem?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student learn from mistakes?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

## **Listening:**

1. How well does the student follow directions?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student listen to instructions?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

## **Standing up for Self:**

1. How well does the student deal with teasing and resist group pressure?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student assert themselves and release anger safely?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)

## **Managing Conflict:**

1. How well does the student resolve conflicts calmly, and accept another's point of view?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)
2. How well does the student use skills such as compromising, negotiating, mediating, and fair fighting?  
(Very Poor) 1 2 3 4 5 6 7 8 9 10 (Excellent)